

Shelby Bottoms Nature Center

January & February 2013 Program Schedule

Shelby Bottoms Nature Center is open:
Tues/Thurs/Sat — 9 am to 4 pm
Wed/Fri — 12 to 4 pm

Shelby Bottoms Greenway is open
days a week from dawn to dusk.

Mailing Address:

Shelby Bottoms Nature Center
1900 Davidson St.
Nashville, TN 37206



Phone: 615-862-8539

Fax: 615-262-0245

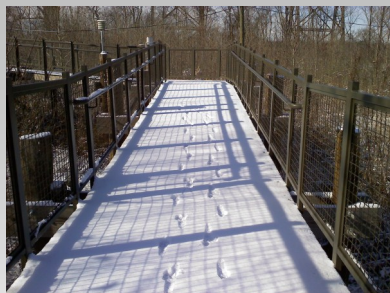
Email: shelbybottomsnature@nashville.gov

Website:

<http://nashville.gov/parks/nature/sbnc/index.asp>



Requests for ADA accommodation should be
directed to the Nature Center at
(615) 862-8539.



It's a new season, a new calendar, we made it through the Mayan "doomsday" and there is much to enjoy! Make your way to the nature center this new year and check out our first program of the year at which you can learn to food-cycle; a fun and tasty way to recycle your excess holiday treats. Winter is also a great time to simply get out in the park and work on other excess holiday treats...in the form of exercise! Enjoy a brisk sunset or sunrise walk. Nature is alive with activity as the birds and other wildlife are fueling up before and after those long cold nights. Owls are in the mood for "love" and you might hear at least three species calling right now. Speaking of love birds, we have a Love Birds Pickin' Party so come play or listen, as well as a new art exhibition by artist Courtney Adair Johnson and a Haiku Poetry Workshop led by writer and instructor Kiki Dombrowski. For the family, we have several indoor and outdoor wintery programs for the kids. And for the outdoor recreation enthusiast (or maybe that's your new year's resolution?) we have kayaking skills class (indoor!) and mountain biking. And don't miss our Winter Star Party with the Barnard Seyfert Astronomical Society. We're only able to do two per year at Shelby, so no more chances until next December!

JANUARY

Learn to "food-cycle"

Saturday, January 5
2-3 pm
Age level: Adults, 13+
Call or email to register

This time of year can offer an abundance of leftover produce like citrus, apples and nuts. Discover new ways to turn these sometimes boring stocking stuffers into snacks like candied fruit peels, or seasoned mixed nuts. Register today!
Leader: Christie Wiser

Snow!



Friday, January 11
10-11 am
Age level: 3-5 years
Call or email to register

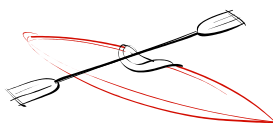
Even though we may not get much snow here in Middle Tennessee, we can still celebrate it! Bring your little one by the nature center for a fun hour of stories, crafts and maybe a short hike around the building. Snow is fun!
Leader: Christie Wiser

Walking in A Winter Wonderland

Saturday, January 12
12-3 pm
Age level: All ages
No registration necessary

Come to the nature center to explore our indoor "winter wonderland!" We will have on-your-own arts and crafts, movies, story/reading station, an indoor scavenger hunt, suggestions for outdoor winter hikes and more!
Leader: SBNC Staff

Intro to Kayaking



Saturday, January 19th
4-6 pm
Age level: 12+
Call Neel Deshpande at
(615) 862-8400, or email
neel.deshpande@nashville.gov
to register
\$15 per person

This 2 hour class teaches basic kayak safety, boat types and features, basic paddling strokes, and intro to kayak roll. Practice these skills in the safety of a pool. Class size is limited to 10 participants so you will have ample time to practice your new skills. To register: Call Neel Deshpande at (615) 862-8400, or email
neel.deshpande@nashville.gov

\$15 per person

Call 862-8539 or [email shelbybottomsnature@nashville.gov](mailto:shelbybottomsnature@nashville.gov) to register for programs.

Registration is required. Programs may be cancelled due to inclement weather or low participation.



Shelby Bottoms Nature Center 1900 Davidson St Nashville, TN 37206 615/862-8539
<http://nashville.gov/parks/nature/sbnc/index.asp> shelbybottomsnature@nashville.gov

Shelby Bottoms Nature Center Jan & Feb 2013 programs

JANUARY

Continued

Tennessee Sandhill Crane Festival



January 19-20
Hiwassee Refuge
Birchwood, TN
www.tncranefestival.org

Hiwassee Refuge has the largest winter flock of Sandhill Cranes in the southeast United States outside of Florida. This extraordinary concentration of Tennessee's tallest birds occurs every November through February. The annual January Tennessee Sandhill Crane Festival is a free event that highlights this spectacle with activities for the entire family. For more information, go to <http://www.tncranefestival.org/>. It's worth the trip!

Wonders of Winter Scavenger Hunt

Saturday, January 19
9 am –3 pm
Age level: All ages
Call or email to register

Winter can be a wondrous time of year if you just take the time to get outside and explore! Come by the nature center to get your copy of the scavenger hunt, next go out on the Ecology Trail on your own to discover unique nature finds. Then return to the building to get your prize!
Leader: Christie Wiser and staff

Mountain Biking Clinic at Cane Ridge Park's Mountain Bike Trail

Saturday, January 26
12– 2 pm
Age level: 12+
Call Warner Park Nature Center at 352-6299 to register

This newly constructed 2.0 mile trail section at Cane Ridge Park is rated beginner to intermediate and is perfect for riders of all skill levels. Bring your own bike and come join us for a group ride at Cane Ridge where riders can learn the basics of mountain biking.
Leader: Lisa King
Registration opens January 11th



Poetry in the Park: The Art of Writing Haiku Poetry

Saturday, January 26
2-3pm
Age level: Adults, 13+
Call or email to register

Join our special guest Kiki Dombrowski, degreed in both English & Creative Writing and Medieval English, for an afternoon class on the history of haiku poetry, a traditional Japanese style which is characterized by its short length, specific number of syllables, and poignant imagery which is often about nature. After a brief discussion of the haiku and its form, we will write our own haikus, inspired by the natural beauty of Shelby Bottoms.
Leader: Kiki Dombrowski

FEBRUARY

An opening reception for

The Dirt of our Landscape, The Landscape of our Dirt

A series of abstract landscapes by Courtney Adair Johnson

Saturday, February 2
4-6 p.m.
Age level: All ages
No registration necessary

Join us for the opening reception for our newest exhibition by artist Courtney Adair Johnson, who is interested in our relationship with nature and the effect we have on the environment. She explores this through abstract interpretations of landscapes, imagining destruction and unrest in familiar places and creates with color and repetition a world we might not see, one with dirt.
Johnson states, "The series has a heavy message but is lighthearted and fun using color and texture to entertain the viewer. Color is important to me. I enjoy the brightness or darkness that can be created with the right hue. Landscapes of streams and mountains can be interpreted through lines and splashes of realistic and unrealistic color."
This exhibit runs until the end of April 2013

Call 862-8539 or [email shelbybottomsnature@nashville.gov](mailto:shelbybottomsnature@nashville.gov) to register for programs.
Registration is required. Programs may be cancelled due to inclement weather or low participation.



Shelby Bottoms Nature Center 1900 Davidson St Nashville, TN 37206 615/862-8539
<http://nashville.gov/parks/nature/sbnc/index.asp> shelbybottomsnature@nashville.gov

Shelby Bottoms Nature Center February 2013 programs

FEBRUARY

Continued

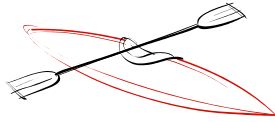
The BIG Bird Scavenger Hunt



Saturday, February 9
12—3 pm
Age level: All ages
No registration necessary

How many birds can you find?? We'll give you a list and some pointers on how to find and ID birds. Then you head out into the park to find as many as you can: birds of different colors, habitats, sizes, behaviors! Come back to the center afterwards for a prize worthy of any fine feathered friend.
Leader: Denise Weyer

Intro to Kayaking



Saturday, February 9
4-6 pm
Age level: 12+
Call Neel Deshpande at
(615) 862-8400, or email
neel.deshpande@nashville.gov
to register
\$15 per person

This 2 hour class teaches basic kayak safety, boat types and features, basic paddling strokes, and intro to kayak roll. Practice these skills in the safety of a pool. Class size is limited to 10 participants so you will have ample time to practice your new skills. To register: Call Neel Deshpande at (615) 862-8400, or email neel.deshpande@nashville.gov

\$15 per person

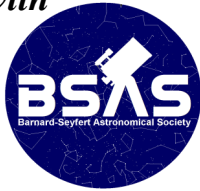
Woodcock Watch

Friday, February 15
5-6 p.m.
Age level: All ages
Call or email to register

Join us for an outing around the 1 mile loop in hopes to get the chance to observe the American Woodcocks that can often be seen this time of year!
Leader: Christie Wiser



Star Party with



Saturday, February 16
7-9 pm
Age level: All ages
No registration necessary

Call, email or check
Facebook if weather is
questionable.

Join us for an evening of exploration of the universe!
We'll enjoy naked eye astronomy as well as views with binoculars and various sizes of telescopes courtesy of the astronomers of the Barnard-Seyfert Astronomical Society, so bring your best astronomical questions for the experts! We'll see Jupiter, Venus and a young moon.
Dress for the outdoors and the hot chocolate, dark sky, and wonders of the universe will be waiting for you!

Love Birds Pickin' Party



Saturday, February 23
2-3 p.m.
Age level: All ages
Call or email to register

Love is in the air! Drop inside the nature center for one of our picking parties and some hot cocoa. You can also show the nature center how much you love it by donating a bag of bird seed that will be used for some of our educational programs and field trips.
Leader: Christie Wiser



Mockingbird in winter



By Randy Muir

Call 862-8539 or [email shelbybottomsnature@nashville.gov](mailto:shelbybottomsnature@nashville.gov) to register for programs.
Registration is required. Programs may be cancelled due to inclement weather or low participation.



Shelby Bottoms Nature Center 1900 Davidson St Nashville, TN 37206 615/862-8539
<http://nashville.gov/parks/nature/sbnc/index.asp> shelbybottomsnature@nashville.gov